



YOYOGI INTERNATIONAL SCHOOL



Lunch Menu March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 BLT Bacon, lettuce and tomato sandwich	2 Spaghetti Bolognese Pasta with minced beef sauce	3 Ham & Mozzaarella Calzone Folded bread stuffed with tomatoes, cheese, and ham	4 Mexican Beef Tacos Tacos with beef, cheese, and mild salsa	5 Tandoori Chicken Curry Chicken in creamy tandoori sauce with rice and nan bread	6
7	8 Beef Cannelloni Pasta shells stuffed with beef, topped with tomato sauce and cheese	9 Ham & Mozzarella Panini Panini bread with ham & shredded cheese	10 Chicken Karaage Japanese fried chicken with rice and vegetables	11 Yakisoba with Beef Strips Japanese stir-fry with noodles, beef, and vegetables	12 Chicken Korma Curry Light coconut based curry with chicken, vegetables and rice	13
14	15 Shanghai Noodles Stir fry with vermicelli noodles, chicken & vegetables	16 Beef Rigatoni Minced beef tomato sauce with pasta, topped with cottage cheese	17 Steak Pie Pie sheel with steak cubes and gravy sauce with mashed potatoes	18	19 Ham & Cheese Pizza Pizza bread with ham & cheese toppings	20
21	22	23	24	25	26	27

Please Note
Meals prepared by: Kiwi Kitchen Tel/Fax: 03-3586-6144
All meals come with fruit and have a vegetarian option
Menus are subject to change

