

# Yoyogi International School Term 1 / Taekwondo Class



## What will learn in this class?

Kicking and punching, self-defense skills and stretching exercises.  
Students also improve their concentration skills while becoming fitter.

## What are benefits of this class?

Students enjoy improved conditioning, flexibility, confidence and concentration.

## Who will teach this class?

Master Rhee teaching to kids & Adult more than 15 years teach international school, club house and taekwondo gym.

Nowdays, Teach Tokyo International school , Tokyo American club and German school in yokohama.



## Lesson Information

Schedule : Monday 3:30 p.m - 4:30 p.m

Student number :5 to 16 students

Age : Over 4 year old

Date : Sep 10 - Dec 10(No Lessons-Sep 17 & 24 / Oct 29th.)

Yoyogi student Price : 30,000 yen

- If you want buy to uniform 6,000 yen.

Student name :

Height: